

Reflections OF HONOR

Lifting Our Community Through Generosity

Meet Ed and
Natalie Gaylord



Celebrating the Dillon Family

Their Mission:
To Transform
Military Trauma Care

HonorHealth Sports Medicine

Comprehensive
Outpatient Care for Elite
and Everyday Athletes

Center for Interventional Endoscopy

The Future of Medicine

Reflecting on Honor



Dear Friends,

In your daily lives you have many roles, but when is the last time you defined yourself as an advocate or catalyst for change? In your partnership with the Foundation, you are both of these.

There is a saying that offers “Man can live individually but can only survive collectively.” This sage counsel reminds us, in a profoundly simple way, that together, we are stronger. That together, our collective efforts positively impact strangers. Together, our individual actions support the greater good and embrace the vulnerable.

YOU and your philanthropic efforts are uplifting thousands locally and even around the world. Groundbreaking research is shared, technologically superior surgical suites are built and novel treatments become standard care. What greater gift can you share than the gift of health and well-being?

If we sound inspired and grateful for you—we are. Thank you for sharing the best of yourselves with our patients and community.

With warmest wishes for a relaxing summer,

Laurie A. Florkiewicz
Chair, Board of Trustees

Jared A. Langkilde, MBA, CFRE
President & CEO

Table of Contents

4

Progressing the Things That Matter

Meet Ed & Natalie Gaylord

10

A Small Scope for Big Healing Gains

The power of Interventional Endoscopy

14

The Role of Sports Medicine

Not just for professional athletes

16

One Family’s Mission of Generosity

The Dillon Family Foundation

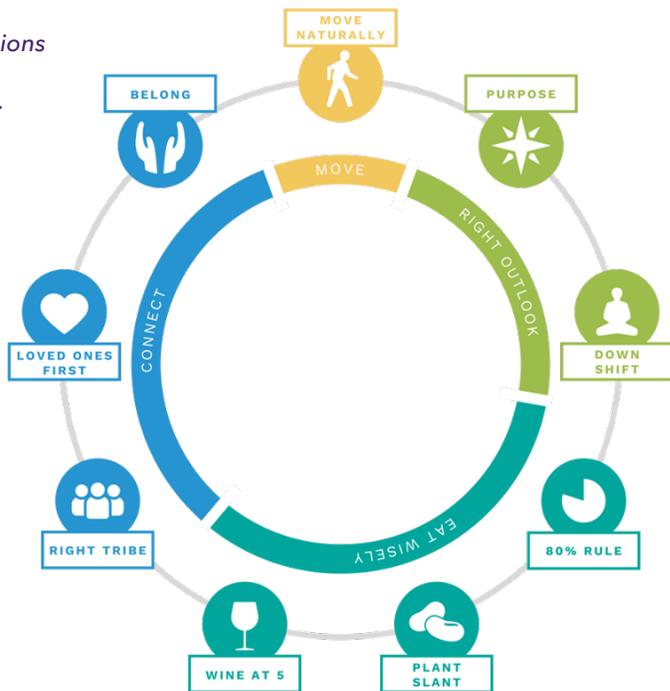
22

Join us!

Event highlights for Fall 2023



Lifestyles in all Blue Zones regions shared nine commonalities.



Scottsdale is in the Zone

The Blue Zone, that is. Blue Zones Project Scottsdale is a first-of-its-kind population health initiative geared toward increasing the health, well-being and longevity of our community. Based on research and principles developed by Dan Buettner, a National Geographic Fellow and New York Times best-selling author, these are cultures of the world—or blue zones—with the healthiest, longest-living populations.

HonorHealth supported an initial Blue Zones Activate assessment in collaboration with the City of Scottsdale, which has now expanded to include Cigna Healthcare and Goodwill of Central and Northern Arizona. The launch of Blue Zones Project Scottsdale represents the beginning of a multi-year collaborative effort that involves the entire community working together toward one common goal—to support and build a culture of community health and well-being across multiple touch points including access to nature, nutrition and meaningful social connections.

“As the largest employer and healthcare provider in Scottsdale, we are committed to improving the health and well-being of everyone in Scottsdale and throughout the Valley, said Todd LaPorte, CEO, HonorHealth. “We are fortunate to live in a beautiful place. However, loneliness and isolation have been growing within our community and one out of two Scottsdale residents currently report they are struggling with their health. Now is the time to act to improve the well-being of the communities we serve, and this Blue Zones Project will help us build a sustainable future.”



LEARN MORE
Scan the QR code to watch Todd LaPorte’s video introduction to this exciting project.

Briefs

Oncology Research Highlights In 2022

We are pleased to highlight the impact your support of the HonorHealth Research Institute (HRI) realizes for cancer patients who need hope.

141

Clinical Trials with 23 New Trials Initiated

2,656

HRI Clinic Patient Visits

26

Active Investigators

7

FDA Novel Therapy

50

Publications

2,708

Research Participants Within the Last Five Years





*Progressing the Things that **Matter***

In speaking with **Natalie and Ed Gaylord**, it is apparent that everything they do is born of love. A love that has built a close-knit family, a joyful 32-year marriage, successful businesses and a strong community lifted through philanthropy that is filled with purpose and passion.

Their partnership began almost 33 years ago in Los Angeles when friends set them up on a date. Natalie was an interior design student at UCLA and Ed was a cowboy from Oklahoma who was heavily involved in his family's private business and public company. Light-heartedly referring to themselves as being from different worlds, their love blossomed, and their individual strengths ignited a philanthropic joint venture that has changed thousands of lives.

*Creating a
family legacy by
helping others
heal their hurt*





As they will tell you—it didn't happen overnight. They were involved in causes close to their hearts in Oklahoma City over the years, before moving to Arizona, where they were welcomed by a friendly community and the opportunity to join various fundraising boards and committees.

Ed joined the board of Scottsdale Healthcare, before it became HonorHealth, serving for 10 years and currently sits on the HonorHealth Foundation Board of Trustees. Natalie became involved with several Valley fundraisers, including The Honor Ball, for which she served on the event committee several times. Their collective and dedicated work led to them being honored as philanthropists of the year in 2011 when they received service medals for their community impact at the Honor Ball.

"This is the most welcoming community I have ever been in," states Ed. "Everybody is happy and caring." Natalie and Ed recently provided a gift to the Cardiovascular Center of Excellence at the HonorHealth Scottsdale Shea Medical Center for a new nurses' station. This space will be a hub to help front-line caregivers connect and communicate seamlessly for the most comprehensive patient care.

This recent support was born from a "wonderful" experience Natalie had with HonorHealth nurses, which makes the gift even more meaningful.

"I had no worries—none—because of the nurses and how they put me at ease," states Natalie. "And they handled the whole room the same way, helping everybody as a cohesive and communicative unit."

A HEART FOR THE VULNERABLE

Ed has always had a desire to help others. He started a telethon for the children's hospital in Oklahoma City to raise funds for pediatric oncology and research. The impetus—Ed lost his 17-year-old nephew to leukemia and witnessed first-hand the devastating effect it had on the whole family.

"The telethon is still going on after 40 years and has raised \$140 million to date," remarked Ed.



Natalie and her daughter have taken home an amazing 57 and 5 national championships, respectively.

The creative and passionate pursuit of supporting things that matter didn't stop there. Ed also hosted pro-celebrity rodeos at his Lazy E Arena and auctions at the Cowboy Hall of Fame for 10 years. Having recruited the help of late actor Ben Johnson, country music icon Reba McEntire and other entertainers through his professional and personal networks, he helped raise \$8 million to fund research chairs focused on pediatric oncology at the Children's Medical Research facility he helped co-found.

"We would all go together, me, Reba, Ben and the other actors, to visit the children," Ed recalls. "That's where I really saw the power of philanthropy to help others and change things."

With a heart for helping children, Ed and Natalie later helped build the Pediatric Intensive Care Unit (PICU) at HonorHealth Scottsdale Shea Medical Center in 2005. Their focus on helping children was inspired by their five children and knowing how important immediate and comprehensive care is to their overall well-being.

“Our son went to that PICU once—he was in desperate shape and having trouble breathing,” offered Natalie. “The team there did a fantastic job! A lot of parents with children in the PICU come up and thank us for it, because our names are on it, which is so touching.”

Sometimes, giving back unfolds in an unexpected way to touch the community with broader healing. While the Gaylord’s gift for the PICU was the result of their passion for uplifting children, as fate would have it, the PICU was repurposed to provide intensive care for adults with COVID who required isolation during the pandemic. This specialized unit became a hub of care for those who needed it most—whatever their age.

FAMILY TIES

While Ed and Natalie are very involved in our community, family is what matters most to them. Their children range in ages from 10 to 24 and they love spending time together. In fact, Natalie and her 10-year-old daughter both show Arabian horses. Just like Natalie, who has garnered 57 national championships, their daughter has earned five of her own.

The Gaylords also talk proudly about their four sons and their respective achievements, which include realizing major milestones in their personal lives, such as starting a career in private equity, active Marine service, working with Andre House in Phoenix and completing college. Their faces light up as they share that their children blend personal and charitable pursuits, each born from their own passions, but a continuation of the family’s values to make an impact.

Ed and Natalie emphasize that education is key for all their children, as well. While one is still finishing their education, the others have graduated from Georgetown, Yale University (Singapore), the U.S. Marine Corps and American University.

“Things that matter to us are family, our walk with faith and philanthropy,” states Natalie.

Their synergy as a family unit is apparent in the way they talk about each other and the thread of giving back that is in their genes. It is as if the community is an extension of family.

“Recognizing the needs and doing what you can to progress the things that matter,” said Ed. One could say this is the Gaylord Family credo! HonorHealth patients and their families are the true beneficiaries of their kindness as their legacy continues to leave its impact. ●



Ed and Natalie proudly wear their philanthropist of the year medals while visiting with Jared A. Langkilde, President and CEO of HonorHealth Foundation.



Dr. Thosani welcomes 16 surgical patients daily at his dedicated Interventional suite.



For more information on the Center for Interventional Endoscopy, visit HonorHealthFoundation.org or scan the QR code.



Amar Thosani, MD



A SMALL SCOPE FOR *Big Healing Gains*

Endoscopy offers lower risk and faster recovery times

When talking with HonorHealth specialist, Amar Thosani, MD, you quickly learn endoscopy is the future of medicine. With chronic disease on the rise, doctors are being challenged, and inspired, to find new ways to diagnose, treat and prevent the internal organ damage disease can cause.

For a decade now Dr. Thosani has used the power of the scope to help patients receive the comprehensive care they expect from HonorHealth, but with the benefit of a minimally invasive procedure. Therapeutic endoscopy offers both diagnostic and surgical capabilities.



Advanced technology helps monitor patients' vitals throughout the procedure.

Instead of a four-hour Whipple surgery that would require cutting into the body, a recent patient underwent an outpatient endoscopic procedure that burned away the tumor in just 30 minutes.

Most of us have heard the word before, but what exactly is endoscopy? The simple definition is, "A procedure used in medicine to look inside the body." The procedure uses a thin, flexible endoscope, fitted with a fiberoptic camera and light, to examine the interior of a hollow organ or cavity of the body, such as the esophagus, stomach, small intestine, or upper digestive track. The benefit to patients includes a low-risk procedure with less down time.

According to the Centers for Disease Control (CDC), about six-in-10 adults in the U.S. have a chronic disease. HonorHealth currently performs several endoscopic procedures, but the rapid progress by healthcare providers to introduce minimally invasive surgeries for better post-clinical outcomes is expected to drive an expansive adoption of endoscopy procedures. Enter the future **HonorHealth Center for Interventional Endoscopy**.

This program is designed to supply an exceptionally high concentration of expertise and related resources centered on delivering care in a comprehensive, interdisciplinary fashion to afford the best possible patient outcomes.

"This will be the first-of-its-kind facility in Arizona," states Jared A. Langkilde, President and CEO of HonorHealth Foundation. "The Center will give HonorHealth the ability to assemble world class expertise, technology and tools to diagnose and treat diseases—typically beyond the scope of regular endoscopic techniques."

With the creation of this new center, clinical outcomes are expected to meet or exceed national benchmarks through this unique, multidisciplinary approach to patient care.

"Our vision is always exceptional patient care first—in this case, faster recovery times," states Dr. Thosani. "But how powerful would it be to have our very own community hospital be THE place to go for the most comprehensive, minimally invasive care, whether it is for an advanced gastrointestinal issue, pancreatic challenges or malignancies?"

Dr. Thosani will tell you about a recent surgery he performed on a 25-year-old suffering from an insulinoma tumor. Instead of a four-hour Whipple surgery that would require cutting into the body, the patient underwent an outpatient endoscopic procedure that burned away the tumor in just 30 minutes.

"This patient received life-altering care without the down time of traditional surgery," remarks Dr. Thosani.



Dr. Thosani is a celebrated surgeon who's first goal is trust.

In addition to advanced clinical outcomes, the HonorHealth Center for Interventional Endoscopy will offer training, education and research such as:

- live endoscopy courses
- training programs for technicians and nurses
- local and national didactic conferences
- a fellowship program
- multi-center research studies and collaboration with industry leaders

"This new center of excellence is focused on providing the highest level of expertise among the HonorHealth medical care team and sharing that knowledge with others for greater patient care across our community," states Dr. Thosani. "Together, we will offer a comprehensive and coherent patient experience that has recovery benefits but also instills comfort, confidence and trust." ●



THE ROLE OF *Sports Medicine*

Weekend warriors to professional athletes benefit from specialized care

As athletic participation and the recognition of physical activity for better health continue to grow, so does the need for sports medicine specialists.

Sports medicine has been around for decades for the treatment of professional athletes, but today, even recreational and amateur athletes benefit from the specific care provided by a coordinated team approach to sports injuries.

Many sports-related injuries are caused suddenly by an event or wrong move, but countless sports-related injuries are chronic and develop gradually over time from overuse or repetitive movements. The circle of care for anyone healing from a sports-related injury is specific and typically involves a multi-disciplinary approach including sports medicine, orthopedics, cardiology, neurology, sports psychology, physical therapy, strength and conditioning, nutrition and return-to-play guidance for whole-person care.

CARE OUTSIDE HOSPITAL WALLS

HonorHealth is building the first medical campus of its kind in the southwest region, bringing together a unique combination of outpatient care for our community. This new campus at Pima Center will feature a dedicated Sports Medicine program that assembles world-class expertise and technology for a new, comprehensive approach to sports-related injuries and illnesses. While still in the beginning stages, the strategic vision is to offer assessments and screenings, diagnosis and treatment, therapy and rehabilitation, performance assessment and

training, along with a robust community outreach initiative focused on education and the delivery of life-saving devices for schools.

“This new offering for HonorHealth is an example of how we are furthering our mission to improve the health and well-being of those we serve,” states Todd LaPorte, CEO of HonorHealth. “Outside of hospital walls where people live and play.”

Beyond on-site comprehensive care, a priority is concussion diagnostics and care for the Valley’s robust active and athletic community, with a particular emphasis on high school athletes. Focusing on their partnerships with Scottsdale Unified School District, Cactus Shadows High School (Cave Creek Unified School District) and others, the vision for HonorHealth’s Sports Medicine program includes an on-site concussion clinic, but also mobile units that will offer baseline testing, including both cognitive and balance assessments, for improved concussion diagnosis and care. This level of care will ensure safe return-to-play following an injury, thus delivering a full spectrum of care for athletes suffering from concussions.

“Mobile units are key because with concussion treatment, it is best if we are able to meet the athletes where they are for the baseline assessment,” states



CONCUSSIONS BY THE NUMBERS

The Need for Sports Medicine Care for Our Children

- Today, up to 3.8 million sports-related concussions occur in the U.S. every year
- Half of all concussions go undiagnosed
- Every year, one out of every five athletes who participate in contact sports will get a concussion
- Twenty-one percent of youth concussions happen during an athletic event
- Baseline testing allows for more accurate post-injury evaluation, and recovery tracking

Gayle Cassidy, Associate Vice President of Orthopedics and Sports Medicine at HonorHealth. “We can reach a larger number of student athletes with a mobile unit, and it is more convenient for the community.

GRASSROOT PARTNERSHIPS FOR GREATER CARE

Other key components of the community outreach will include pre-participation physical exams for student athletes, performed by medical professionals and physicians trained in sports medicine. HonorHealth will continue to advance these comprehensive physical exams by incorporating the use of EKG and Echocardiogram machines to screen young athletes for heart problems. They will also continue to develop grassroots partnerships to provide life-saving AED devices to athletic programs in our community.

HonorHealth Sports Medicine is comprised of a comprehensive group of sports medicine specialized providers. They include fellowship trained family medicine physicians, athletic trainers providing medical care both on and off the fields of our local high schools, board-certified orthopedic and cardiology physicians, and even sports and athletic performance trainers who create individual programs for sport-specific performance and injury prevention. Together, this experienced and engaged group of providers will offer targeted care to our entire community. ●

Doors are scheduled to open in 2024.

For more information, contact your Gift Officer or the Foundation at 480-587-5000.



One Family's Mission of Generosity



Above: Mike and Carol Dillon loved spending time together both in personal and philanthropic pursuits.

Left: Carol Dillon experiences trauma training in the Blackhawk simulator at HonorHealth's Military Partnership demonstration site.

The life and legacy of Michael J. Dillon is one of patriotism, family and community. Through the compassion and generosity of his family, he continues to touch the lives of countless patients, researchers and first responders throughout Arizona and beyond.

It was 1959 in Port Arthur, Texas when Mike and Carol Dillon met and fell in love. Carol had just taken her first job as a school teacher following her graduation from the University of Texas. They were married the following year and blessed to be together for the next 56 years.

Following a valiant battle against Alzheimer's Disease, Mike sadly passed away in 2016. He leaves behind a large, loving family including Carol; their sons Stephen and Christopher; daughter Stephanie; precious grandchildren Wyatt, Ethan, Nellie, George, Travis, Sara, Jack, Michael and John; his sister Patricia; and daughter-in-law Kimmie.

As a youngster, Mike knew he wanted to soar. He was convinced that he would pursue a career in the armed services after watching military aircraft flying overhead near his home in Florida during the war years.

“Our involvement with HonorHealth’s Military Partnership highlights a passion of Mike’s efforts—that of supporting the military in their mission of protecting our country,” said Carol.

Unfortunately, at age 15, an illness required his kidney to be removed, which rendered him ineligible to serve. Not easily deterred, he diligently applied to each branch, but was turned away at every attempt. Ever resourceful, Mike found other avenues to satisfy his love for flying!

He flew for TWA as a passionate aviator and Second Officer for 13 years. He later made a name for himself as a writer and photographer for *Air Progress Magazine*, a periodical that began in the 1930s as an annual non-fiction supplement to the Air Trails pulp fiction magazine.

He is recognized as being the catalyst for the warbird restoration movement in the 1960’s with his P-40 Warhawk. His forever love of flying continued with the restoration of a TT-1 Pinto jet, three T-34A military trainers and a UH-1H Huey helicopter.



Mike’s company, Dillon Precision Products, is a manufacturer of reloading presses and other reloading equipment. His vision and leadership revolutionized the ammunition reloading industry and helped to make it what it is today.

He also proudly redesigned and manufactured the M134 Mini Gun that is currently in service in United States and foreign military forces. Given Mike’s love of country and the military forces that keep us safe each day, Carol and her family generously established the Michael J. Dillon Family Military Partnership Endowment in 2020, honoring his life and legacy.

“Our involvement with HonorHealth’s Military Partnership highlights a passion of Mike’s efforts—that of supporting the military in their mission of protecting our country,” said Carol.

“His achievement of resurrecting the discarded Mini Gun by the Army as unreliable and ineffective, brought back into service a weapon that continues to save a great many lives. It stands-to-reason that we support the Military Partnership and the life-saving efforts of the medics and first responders in the program.”

TRAUMA TRAINING SAVES LIVES

The HonorHealth Military Partnership Program began in 2004 with 24 Arizona Air National Guard medical personnel. Since then, the program has trained more than 3,000 soldiers, airmen and first responders in trauma and deployment skills at the 15,500 square foot training center on the HonorHealth Scottsdale Osborn Medical Center campus.

Medical training is only available at a limited number of military facilities—and to a limited number of personnel. Today’s military branches simply cannot accommodate all who need to be trained.

The U.S. Military has more than 73,000 active-duty enlisted medical personnel who must be ready to provide life-saving care to injured and ill service members during deployed operations, using their wartime medical skills. Recently, the U.S. Government Accountability Office found significant gaps in the military’s ability to sustain a ready enlisted medical workforce, due in part to lack of training



opportunities. They formally recommended that the Department of Defense further develop military-civilian training partnerships.

HonorHealth is the only community-based hospital in the country to provide realistic, high-quality trauma medical training to military nurses and medics as well as local first responders. And thanks to generous donors like the Dillons, this life-saving training allows these heroes to maintain their certifications and stay on top of evolving treatment protocols—all provided at no charge.

Participants learn in a realistic, yet threat-free environment, and work with advanced patient simulators with life-like functions, including heart beats, breathing and the ability to talk, respond to treatments and even “bleed” from mock injuries.

HonorHealth is proud to feature cutting-edge equipment and technology to aid in the training of military and civilian medical personnel. The newest piece of state-of-the-art equipment is a Blackhawk helicopter simulator, made possible through the generosity of a gift by the Michael J. Dillon Family Military Partnership Endowment.

*Generations of the Dillon family
witnessing their generosity in action.*

Carol notes, “My family and I take great pride in observing the efforts of the practice demonstrations on the Blackhawk simulator we have witnessed at the Military Partnership facility. As these dedicated heroes gain experience and hone their skills, our military and civilians stand to benefit from these lifesaving measures. Mike would wholeheartedly endorse this family effort!”

The Dillon Family’s generosity doesn’t end, however, with the Military Partnership program. In honor of Mike’s brave fight against Alzheimer’s Disease, they are also committed to doing all they can to foster research into the causes and cure of this devastating condition.

FROM TRAUMA TO NEUROSCIENCES

The Michael J. Dillon Family Alzheimer’s Disease Endowment is healing and comforting countless patients at HonorHealth’s Bob Bové Neuroscience Institute. These patients are battling neurological conditions ranging from stroke, brain injuries and back and spine pain, in addition to Alzheimer’s, Parkinson’s, Multiple Sclerosis and Lou Gehrig’s Disease.



The Blackhawk simulator offers realistic training with technology that simulates battlefield emergency medicine.

"I have never regarded myself as a philanthropist and don't associate myself with that term, Carol shares. "I simply see that my children are capable of success on their own, so it seems the natural course of things to help others in whatever ways I can. My family has been blessed. To whom much has been given, much is expected—I think it goes," she says.

Carol takes great pride in giving because she knows people are both directly and indirectly helped when others share their abundance of success. Her relationship with HonorHealth blossomed through her acquaintance and friendship with Pat Elder, HonorHealth Foundation's Vice President of Planned Giving.

"We are grateful to Carol and the Dillon family for their generous giving that advances our patient care, clinical training and education on both a local and global level," said Elder. "Carol's kindness is infinite. When she sees an opportunity to help others, she follows through. During the pandemic, she became an HonorHealth volunteer, working where needed to support our hospital staff."

Carol invites potential donors to the Military Partnership Program and Bob Bové Neuroscience Institute to view their gift as an investment in our fellow citizens. A path toward a better, healthier life—especially aimed at the cruel neurological diseases that currently elude cures.

She has witnessed the life-saving skills learned and practiced by military medics dedicated to caring for battlefield casualties. She imagines the grief that is spared by the families who may have lost a loved one but for the men and women who rendered that life-saving care. The same can be said for first responders who are charged with saving the lives of those who face unimaginable trauma and pain.

"How better can we as individuals share our successes with others?" Carol asks. "This would make Mike Dillon proud!" ●

HonorHealth's Military Partnership Training Includes:

- Advanced practical learning with high-tech, life-like human patient simulators called manikins
- Real-life experience during clinical rotations, including the Level I Trauma Center at HonorHealth Scottsdale Osborn Medical Center
- Simulation training rooms, including one set up as a battlefield medical aid station
- Readiness Skill Sustainment Training for Air Force medical personnel
- Exposure to burn trauma management through Valley burn centers



Learn more about this free, life-saving program for military and first-responders.

HONORHEALTH®

Foundation

WE HONOR

Generosity

People like you make great care possible!

As a nonprofit, community hospital, HonorHealth is different—100 percent of every gift directly benefits the patients and families we serve. Gifts to the Greatest Needs Fund:

- **Safeguard** our patients, staff and community. The fund helps provide personal protective equipment and germ-zapping robots that kill viruses in rooms and on equipment, reducing infection rates.
- **Support** and sustain our front-line healthcare workers with programs, education and cross-training. This has been especially important for hiring and retention, as nurses continue to be in high demand.
- **Advance** exceptional care for patients through HonorHealth's cardiovascular, cancer, interventional endoscopy and many other clinical services.
- **Invest** in innovative technology and training including telemedicine, home monitoring equipment and telehealth robots for quickly caring for and saving stroke patients.

Every patient's experience with HonorHealth is enhanced because of philanthropy.



"Your generosity allows HonorHealth to invest in ideas that accelerate the

impact we have on the patients we serve.

We are incredibly grateful that you believe in our mission and give from the heart to help us advance the health and well-being of our community."

—TODD LAPORTE, CEO, HonorHealth



Generous donors like you are creating the healthcare system we all want for our community through HonorHealth Foundation. Will you join us with a gift to the Greatest Needs Fund? This gives HonorHealth the flexibility to quickly direct funding where it will have the greatest impact.

SCAN THE QR CODE to learn more or make your online gift.

8125 North Hayden Road | Scottsdale, AZ 85258 | 480-587-5000 | HonorHealthFoundation.org
HonorHealth Foundation is a not-for-profit 501(c)(3) organization

Events

Our fundraising events not only help raise proceeds for critical programs, but offer a feel-good experience where donors learn more about the programs they support and the positive impact they create for patients and their families.

So, please **SAVE THE DATE** for the following signature events.

HONORHEALTH[®] Foundation

MORNING *of* GOLD

DESERT MISSION FUNDRAISING BREAKFAST

HonorHealth Foundation's 2nd Annual Morning of Gold, benefitting the programs and services of Desert Mission, will be held on October 24 at the Arizona Biltmore Resort.

The event will feature Park Howell, the "world's most industrious storyteller," along with American James Beard Award-winning chef and restaurateur, Chris Bianco. Both will speak on "Food is Medicine" that links nutrition and healthcare.

Please join us as we continue to make a difference in the lives of our most at-risk neighbors! You'll learn more about Desert Mission and meet our clients who are thriving, with the support of our generous community.



For more information or to sponsor, visit HonorHealthFoundation.org/DMBreakfast

Phoenix 10K Race

A healthy tradition that is fun for the whole family—the 46th Annual Phoenix 10K Race, presented by HonorHealth Foundation. You can walk, run or cheer on others while supporting HonorHealth.

This event not only highlights the need for movement as part of overall whole person care but encourages families to spend time together in activities that center on well-being.



Mark your calendar for November 12! Learn more at HonorHealthFoundation.org/phoenix10k



Join us for the 6th Annual NICU High Tea

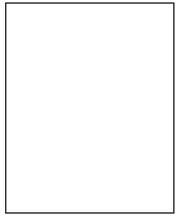
September 28
at the Omni Montelucia Resort

This annual tradition raises support for vital technology and services in the NICU to help provide comprehensive healing for our tiniest and most fragile patients, premature babies and their families.

This High Tea experience offers a reception, silent auction, special program and lunch you will not want to miss. You will also hear directly from a family that was helped by the services of the Level III Neonatal Intensive Care Unit at HonorHealth Scottsdale Shea Medical Center.



Sponsorships start at \$2,500. Register or learn more at HonorHealthFoundation.org/2023NICUHighTea



“It was June, and the world smelled of roses. The sunshine was like powdered gold over the grassy hillside.”
—Maud Hart Lovelace, American author

HONORHEALTH®
Foundation

HonorHealthFoundation.org | HonorHealth Foundation is a not-for-profit 501(c)(3) organization

